

# HIGH SCHOOL JANUARY 2018 BREAKFAST / LUNCH

MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE

BREAKFAST EATERS ARE BETTER LEARNERS

Monday	Tuesday	Wednesday	Thursday	Friday
1 NO SCHOOL  PBJ AVAILABLE DAILY ON REQUEST	2 NO SCHOOL	3 NO SCHOOL	4 OATMEAL ROUND, YOGURT, PEACHES  CORN DOG OR GRILLED CHICKEN ON A WG BUN, HASH BROWN PATTY, SEASONED GREEN BEANS, FRESH BABY CARROTS, WG CHIPS 9-12 ONLY, PINEAPPLE, MILK	5 BREAKFAST PIZZA, ASSORTED FRUITS  CHICKEN NUGGETS OR TURKEY & CHEESE WRAP, MASHED POTATOES, GRAVY, FRESH BROCCOLI, WW ROLL / JELLY, APPLE HALF, MILK
8 WG MINI CINNIS, ASSORTED FRUITS  CHICKEN & NOODLES OR HOT HAM & CHEESE, MASHED POTATOES, SEASONED GREEN BEANS, CELERY 9-12, WW ROLL / JELLY, FRUIT COCKTAIL, MILK	9 SAUSAGE PANCAKE ON A STICK, SF SYRUP, FRESH GRAPES  GRILLED CHICKEN OR BBQ RIB ON A WG BUN, ROMAINE, TOMATO SLICES, SAVORY RICE, SEASONED CARROTS, STRING CHEESE, PEACHES, MILK	10 BLUEBERRY WAFFLES, SYRUP, ASSORTED FRUITS  PIG IN A BLANKET OR CHEF SALAD, HASH BROWN PATTY, BROCCOLI W/ CHEESE, SHERBET, ORANGE WEDGES, MILK	11 BISCUIT & GRAVY, APPLE HALF  TACO SALAD OR HAM WRAP, ROMAINE, TOMATOES, CHEESE, REFRIED BEANS, WG CHIPS & SALSA, WG CINNAMON STICK, PEARS, MILK	12 CHICKEN BREAKFAST SANDWICH, PINEAPPLE  CHEESE BURGER ON A BUN OR TURKEY & CHEESE WRAP, ROMAINE, TOMATO SLICES, SWEET POTATO FRIES, (WG CHIPS, PEAS 9-12 ONLY), APPLESAUCE, MILK
15 OATMEAL ROUND, YOGURT, PEACHES  BEEF & BEAN BURRITO OR HAM & CHEESE WRAP, CHEESE SAUCE, ROMAINE, TOMATO, CORN, GREEN PEPPER STRIPS 9-12, WG CHIPS & SALSA 9-12, TROPICAL FRUIT, MILK	16 WG MINI CINNIS, ASSORTED FRUITS  TURKEY & CHEESE ON A BUN OR BBQ RIB ON A BUN, ROMAINE, TOMATO, OVEN FRIES, GRAHAM CRACKERS 7-8, STRAWBERRY CHEX MIX 9-12, BANANA, MILK	17 WG PANCAKES, SYRUP, APPLE HALF  BBQ BEEF ON A BUN OR HAM & CHEESE ON A BUN, FRESH BABY CARROTS, BAKED BEANS, WG CHIPS, OATMEAL COOKIE, PEARS, MILK	18 CHERRY FRUDEL, ASSORTED FRUITS,  CHEESE BREADSTICKS, MARINARA OR CHEF SALAD, SEASONED CARROTS, CELERY STICKS, FRESH GARDEN SALAD, STRING CHEESE 9-12, APPLESAUCE, MILK,	19 BREAKFAST PIZZA, MANDARIN ORANGES  BREADED BEEF PATTY OR GRILLED CHICKEN ON A BUN, MASHED POTATOES, GRAVY, SEASONED GREEN BEANS, WW ROLL / JELLY, APPLE HALF, MILK
22 FRENCH TOAST, SYRUP, ASSORTED FRUITS  CHICKEN & CHILI CRISPITOS, SALSA OR TURKEY & CHEESE WRAP, FRESH BABY CARROTS, CUCUMBER SLICES, WG CHIPS 9-12, PEACHES, MILK,	23 BANANA MUFFIN SQUARES, YOGURT, ORANGE  SAUSAGE PIZZA OR CHEF SALAD, GARLIC BREADSTICK, MARINARA, TOSSED SALAD W/ ROMAINE, GRAHAM CRACKERS 7-8, GRAHAM SNACKS 9-12, PEARS, MILK	24 BISCUIT & GRAVY, MANDARINS  TACO BURGER ON A BUN OR TURKEY & CHEESE WRAP, CHEESE, ROMAINE, TOMATO, REFRIED BEANS, WG CHIPS & SALSA, PINEAPPLE, MILK	25 MINI CINNIS, ASSORTED FRUITS  HOT HAM & CHEESE OR PBJ, HASH BROWN PATTY, FRESH BROCCOLI, COOKIE, TROPICAL FRUIT, MILK	26 EGG & CHEESE BISCUIT, PEACH  BREADED CHICKEN PATTY OR TURKEY & CHEESE ON A BUN, MASHED POTATOES, GRAVY, SEASONED GREEN BEANS, WW ROLL / JELLY, APPLE HALF, MILK
29 OATMEAL ROUND, YOGURT, STRAWBERRIES  CHILI, WG CRACKERS OR HAM & CHEESE ON A BUN, CUCUMBER SLICES, CELERY STICKS, WG CINNAMON PUFF, PEACHES, MILK	30 PANCAKES, SYRUP, BANANA  HAMBURGER ON A BUN OR CHEF SALAD, ROMAINE, TOMATO, SWEET POTATO FRIES, CHOCOLATE CHIP COOKIE, ORANGE WEDGES, MILK	31 WG BISCUIT, SAUSAGE LINKS, ASSORTED FRUITS  CHICKEN NUGGETS OR TURKEY & CHEESE WRAP, MASHED POTATOES, GRAVY, FRESH BROCCOLI, WW ROLL / JELLY, APPLE HALF, MILK	1 BREAKFAST PIZZA, APPLESAUCE  CORNDOG OR GRILLED CHICKEN ON A BUN, HASH BROWN PATTY, SEASONED GREEN BEANS, FRESH BABY CARROTS, WG CHIPS 9-12, PINEAPPLE, MILK	2 BREADSTICKS, SAUCE, PEACHES  MACARONI & CHEESE, MEATBALLS, OR PBJ, FRESH BABY CARROTS, PEAS, WW ROLL / JELLY, PEARS, MILK

CEREAL, JUICE, MILK CHOICE DAILY AT BREAKFAST & CHOICE FRUIT DAILY (9-12) AT LUNCH