

LINCOLN ELEMENTARY BREAKFAST/LUNCH OCTOBER 2017

MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE

BREAKFAST EATERS ARE BETTER LEARNERS

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 FRENCH TOAST, SYRUP, ASSORTED FRUITS</p> <p>LUNCH—WG CRISPIITOS, SALSA, FRESH BABY CARROTS, CUCUMBER SLICES, APPLESAUCE, MILK</p>	<p>3 BANANA MUFFIN, YOGURT, BANANA</p> <p>LUNCH—PEPPERONI PIZZA, GARLIC BREADSTICK, MARINARA SAUCE, TOSSED SALAD W/ ROMAINE, GRAHAM CRACKERS 6 ONLY, PEARS, MILK</p>	<p>4 WG BISCUIT & GRAVY, APPLE HALF</p> <p>LUNCH—BEEF SANCHO, CHEESE, ROMAINE, TOMATO, REFRIED BEANS, WG CHIPS, SALSA, PINEAPPLE, MILK</p>	<p>5 WG MINI CINNIS, ASSORTED FRUITS</p> <p>LUNCH—HOT HAM & CHEESE ON A WG BUN, HASH BROWN PATTY, FRESH BROCCOLI, COOKIE (6 ONLY), TROPICAL FRUIT, MILK</p>	<p>6 WG EGG&CHEESE BISCUIT, MANDARINS</p> <p>LUNCH—WG BREADED CHICKEN PATTY, MASHED POTATOES, GRAVY, SEASONED GREEN BEANS, (WW ROLL & JELLY 6 ONLY), APPLE HALF, MILK</p>
<p>9 WG OATMEAL ROUND, YOGURT, ASSORTED FRUITS</p> <p>LUNCH—CHEESY CHICKEN SPAGHETTI, TOSSED SALAD W/ ROMAINE, FRESH BABY CARROTS, WW ROLL / HONEY, PEACHES, MILK</p>	<p>10 WG PANCAKES, SYRUP, ORANGE WEDGES</p> <p>LUNCH—PORK RIB ON A WG BUN, HASH BROWN PATTY, ROMAINE, TOMATO SLICES, SEASONED GREEN BEANS, (FRUIT CRISP 6 ONLY), PEARS, MILK</p>	<p>11 WG BISCUIT / SAUSAGE LINKS APPLESAUCE</p> <p>LUNCH—HAMBURGER ON A WG BUN, ROMAINE, TOMATO SLICES, WG CHIPS, BAKED BEANS, SWEET POTATO PUFFS, ORANGE WEDGES, MILK</p>	<p>12 WG BREAKFAST PIZZA, APPLE HALF</p> <p>LUNCH—BAKED CHICKEN DRUMSTICK, SAVORY RICE, FRESH BROCCOLI, SEASONED CORN, OATMEAL ROLL, JELLY, PINEAPPLE, MILK</p>	<p>13 WG BREADSTICKS, SAUCE FRUIT COCKTAIL</p> <p>LUNCH—WG CHEESE PIZZA, FRESH GARDEN SALAD, SEASONED CARROTS, APPLE HALF, MILK</p>
<p>16</p> <p>NO SCHOOL</p>	<p>17 WG SAUSAGE PANCAKE ON A STICK, SF SYRUP, ASSORTED FRUITS</p> <p>LUNCH—GRILLED CHICKEN ON A WG BUN, ROMAINE, TOMATO SLICES, SEASONED CARROTS, SAVORY RICE, (STRING CHEESE 6 ONLY), PINEAPPLE, MILK</p>	<p>18 WG WAFFLES, SYRUP, PEARS</p> <p>LUNCH—WG PIG IN A BLANKET, HASH BROWN PATTY, BROCCOLI W/ CHEESE, (PUDDING K-6 ONLY), APPLE HALF, MILK</p>	<p>19 WG BISCUIT & GRAVY, APPLE HALF</p> <p>LUNCH—TACO SALAD, CHEESE, ROMAINE, TOMATO, REFRIED BEANS, WG CHIPS, SALSA, WG CINNAMON PUFF, PEARS, MILK</p>	<p>20 WG CHICKEN BREAKFAST SANDWICH, PEACHES</p> <p>LUNCH—CHEESE BURGER ON A WG BUN, ROMAINE, TOMATO, SWEET POTATO FRIES, ORANGE WEDGES, MILK</p>
<p>23 WG OATMEAL ROUND, YOGURT ASSORTED FRUITS</p> <p>LUNCH—WG BEEF & BEAN BURRITO, CHEESE SAUCE, ROMAINE, TOMATO, CORN, PEACHES, MILK</p>	<p>24 WG MINI CINNIS, TROPICAL FRUIT</p> <p>LUNCH—TURKEY & CHEESE ON A WG BUN, ROMAINE, TOMATO SLICES, OVEN FRIES, GRAHAM CRACKERS (6 ONLY), BANANA, MILK</p>	<p>25 WG PANCAKES, SYRUP, APPLE HALF</p> <p>LUNCH—BBQ BEF ON A WG BUN, FRESH BABY CARROTS, BAKED BEANS, OATMEAL COOKIE (K-6 ONLY), PEARS, MILK</p>	<p>26 WG CHERRY FRUDEL, ASSORTED FRUITS</p> <p>LUNCH—WG PEPPERONI PIZZA, CELERY STICKS, SEASONED CARROTS, FRESH GARDEN SALAD, APPLESAUCE, MILK</p>	<p>27</p> <p>NO SCHOOL</p>
<p>30 WG FRENCH TOAST, SYRUP ASSORTED FRUITS</p> <p>LUNCH—WG CRISPIITOS, SALSA, FRESH BABY CARROTS, CUCUMBER SLICES, APPLESAUCE, MILK</p>	<p>31 WG STRAWBERRY CHEX MIX, YOGURT, FRESH GRAPES</p> <p>LUNCH—WG CHEESE PIZZA, GARLIC BREADSTICK, MARINARA SAUCE, TOSSED SALAD W/ ROMAINE, PEARS, MILK</p>	<p>1 WG BISCUIT & GRAVY, ORANGE WEDGES,</p> <p>LUNCH—BEEF SANCHO, CHEESE, ROMAINE, TOMATO, REFRIED BEANS, WG CHIPS & SALSA, PINEAPPLE, MILK</p>	<p>2 WG MINI CINNIS, ASSORTED FRUITS</p> <p>LUNCH—HAM & CHEESE ON A WG BUN, HASH BROWN PATTY, FRESH BROCCOLI, (COOKIE 6 ONLY), TROPICAL FRUIT, MILK</p>	<p>3 WG EGG&CHEESE BISCUIT MANDARIN ORANGES</p> <p>LUNCH—WG BREADED CHICKEN PATTY, MASHED POTATOES, GRAVY, SEASONED GREENBEANS, (WW ROLL & JELLY 6 ONLY), APPLE HALF, MILK</p>

BREAKFAST----CEREAL, JUICE AND MILK CHOICE OFFERED DAILY

LUNCH----- MILK CHOICE OFFERED DAILY K-6 ONLY